



HEATHER LOCKHART - BIOGRAPHY

Heather Lockhart was born and raised in Sarnia ON Canada, where she currently resides. Her passion for the arts started at a very young age. She recalls a love for “all things creative” from as far back as her memory serves, even choosing to stand and watch “artists at work” in theme parks, over exhilarating rides.

While studying her artistic journey, she discovered that she had always been attracted to contemporary, abstract things. She enjoys modern architecture, gestural sculptures, organic shapes, textures, and loose abstract paintings, all of which can be found throughout her home today.



Her “breadcrumb” story of how she returned to her artistic roots is told with excitement and passion. She is inspired by her spiritual life, the great outdoors, and the beauty of all creation. It is not uncommon to find her wandering through the woods or along the ocean shore collecting organically shaped pieces of sea fan, textured coral, interesting pods, etc., always thinking about their beauty, and how she can incorporate them into her work.

This artist does not like to be confined to any one subject, but rather uses her love of texture, layers, movement and color, to create unique works in many different genres. She also designs contemplative, meaningful pieces that are inspired by song lyrics or verses that have been ruminating in her mind, often embedding those inspirations into her work. Her experimental creativity expresses her voice, her passions, deep feelings, and desires.

Heather is stepping deeper into her calling as an artist. “Everything in life has a season” she quotes, “and this is the season where I finally have time to spread my wings and explore my artistic passions more fully”.

Her work can be viewed on her website. www.quenchstudio.ca or follow her on Instagram @quench.studio